



**PHYSIOWORKS®**  
Health Group

**CELEBRATING 30 YEARS**  
of service  
to our communities



## Appointments

- To make an appointment, call or email your preferred clinic and speak with our dedicated reception team who will book your appointment and answer any questions you may have.
- We are Primary Contact Practitioners – you do not require a medical referral to make an appointment.
- We have a team of highly qualified, dedicated male and female health care professionals.
- All appointments (except classes and groups) are on an individual basis with the treating therapist.

## Professional Fees

- Payment is required on the day of consultation.
- Clients under NDIS, Workcover, TAC and Veteran's Affairs will be billed directly to the responsible body if all requirements are met.
- Medicare can fund physiotherapy and exercise physiology under a Chronic Disease Management Plan – speak to our reception staff or your GP for further information.
- We accept EFTPOS, Visa, Mastercard and cash.

## Health Insurance

- A rebate for our services may be claimed through your private health insurance extras cover. Please check your level of cover with your private health insurance provider.
- Our clinics use HICAPS to provide instant health insurance rebates so you receive your health insurance benefit on the day of consultation.

## About Us

Directed by **David Francis (FACP)\*** and **Andrew Dalwood (FACP)\***, Physioworks Health Group has been providing excellence in health care to our communities for over 30 years.

Our services include General, Sports and Specialist Musculoskeletal Physiotherapy, Exercise Physiology, Podiatry and Remedial Massage Therapy.

Physioworks Health Group operates a network of four multi-disciplinary health care clinics across Melbourne including:

<b>Berwick</b>	8789 7927	<b>Cranbourne</b>	5995 1111
<b>Camberwell</b>	9889 6611	<b>Pakenham</b>	5941 5499

[www.physioworkshealthgroup.com.au](http://www.physioworkshealthgroup.com.au)



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*‘Everyone is an athlete...  
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## About Our Practice

Serving communities across south eastern Melbourne for 30 years, Physioworks Health Group provides outstanding General, Sports and Specialist Musculoskeletal Physiotherapy, Exercise Physiology, Podiatry and Remedial Massage Therapy across our four clinics.



As a leading physiotherapy and allied health care provider, Physioworks Health Group is dedicated to service excellence delivered by highly qualified, experienced, professional health care practitioners. All our physiotherapists are certified Australian Physiotherapy Association (APA) members, who treat our client's needs with care and respect.

From initial assessment and diagnosis through to tailored injury management, rehabilitation strategies and ongoing exercise regimes, we work with you to achieve prompt and optimal recovery. We aim to not only restore and rehabilitate the return of normal movement and lifestyle, but also improve function to prevent future injury and enable you to live and enjoy your best life.

At Physioworks Health Group we believe that regardless of age or physical ability that **'Everyone is an athlete... we just have different events.'**



## Specialist Musculoskeletal Physiotherapy

Physioworks Health Group Directors David Francis and Andrew Dalwood are Specialist Musculoskeletal Physiotherapists (Fellowship of Australian College of Physiotherapists - FACP).

With the highest level of qualification in their profession, David and Andrew are acknowledged leaders in the field of musculoskeletal physiotherapy, with expertise managing difficult and complex musculoskeletal concerns.

## Senior, Associate and Graduate Therapists

All therapists at Physioworks Health Group are experienced in assessing, treating and managing musculoskeletal concerns.

Our tiered structure assists clients to book a consultation with the most suitably experienced practitioner and provides clients with choice regarding the fees incurred in accessing our services.

### Our Services include

#### General, Sports and Specialist Physiotherapy

- Elite sports injury management
- Pre and post op management
- Clinical Rehabilitation and Exercise (CRE) Classes
- Hydrotherapy
- Clinical Strength and Conditioning
- Paediatric and adolescent management

#### Exercise Physiology

- Individual and group exercise
- Diabetic exercise
- Cancer exercise

#### Massage Therapy

- Remedial, Sports and Relaxation

#### Podiatry

We welcome clients under Workcover, TAC, DVA, Medicare: Chronic Disease Management, NDIS.

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\*As awarded by the Australian College of Physiotherapy 2009.

## Referral Network

Physioworks Health Group has built respected professional relationships with leading doctors, specialists and surgeons. Should your condition require further opinion, we pride ourselves on referring you to highly respected specialists with timely access for urgent cases.

## Committed to Your Health and Well-Being Community

At Physioworks Health Group we believe in preventative health care. We encourage our clients to be proactive in maintaining their health and wellbeing.

We provide support and education to numerous community groups and events, sporting clubs and local leagues.



### Professional Elite Sport

Current and past involvement includes:

- VFL (Casey Demons)
- Victoria Premier Cricket (Camberwell Magpies)
- Basketball NBL 1 (Casey Basketball Association)
- AO Tennis - ID and Deaf Championships
- Lowanna College Sports Academy
- Collingwood Football Club 1995 – 2019
- Victorian State Cricket 2002 – 2016
- St Kilda Football Club 2006

