

# Paediatric PHYSIOTHERAPY



## Health, Function and Well-being of Children

Paediatric physiotherapy at Physioworks Health Group involves the assessment and management of babies, children and adolescents with a range of conditions including:

- 1. Conditions that may cause difficulties in physical function** such as mobility, muscle strength, range of movement and balance; for example hip conditions that may be affecting walking.
- 2. Developmental problems** such as developmental delay where children are not reaching their developmental milestones in the expected time frames, such as sitting, crawling and walking.
- 3. Postural conditions** affecting infants including plagiocephaly (flat head syndrome) and torticollis (twisted neck).
- 4. Toe-walking** where children are up on their toes for part or all of their walking time.
- 5. Hip, feet and knee conditions** affecting functional movement of children during walking, running, sport and everyday living.

Physiotherapy aims to optimise your child's movement and function and to assist them in achieving developmental milestones.

Further, increasing levels of sport, leisure and lifestyle activity means that children often present with a range of sporting injuries that are becoming more common. Physioworks Health Group are continually developing specific approaches in general and sports physiotherapy tailored for the management and treatment of paediatric sport injuries.



**PHYSIOWORKS®**  
Health Group

## Paediatric Physiotherapy

*Combining our knowledge of child development, with our skill set across our clinics, we provide management & education to maximise a child's abilities & participation.*

### **Adrienne Harvey PhD**

Adrienne Harvey is a highly qualified, leading paediatric physiotherapist with over 20 years of extensive clinical and research experience in Melbourne, Australia and overseas. Adrienne has expertise in the management of children with cerebral palsy and a variety of other neurological conditions. Adrienne also consults on children with developmental delay, plagiocephaly, torticollis, toe-walking, postural variations and orthopaedic conditions. Adrienne complements her private consultations with ongoing research work at the Royal Children's Hospital, Melbourne.



**Adrienne Harvey consults at Physioworks Health Group Camberwell  
518 Camberwell Rd, Camberwell, 9889 6611**

*Our reward is helping children & their families  
get the best outcome possible*

### **Chelsea Low Physiotherapist**

Chelsea Low has furthered her professional education by completing specific Monash University paediatric physiotherapy courses which provide the skills required to manage early year conditions, including developmental delay, plagiocephaly, torticollis and toe walking. Chelsea also has experience in orthopaedic and sporting conditions in the older child and adolescent, for example Severs disease and Osgood-Schlatters disease.



**Chelsea Low consults at Physioworks Health Group Cranbourne  
and Pakenham  
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31 Main Street, Pakenham, 5941 5499**

[www.physioworkshealthgroup.com.au](http://www.physioworkshealthgroup.com.au)